

*“Therefore I, a prisoner for serving the Lord, beg you to lead a life worthy of your calling, for you have been called by God. Always be humble and gentle. Be patient with each other, making allowance for each other’s faults because of your love. Make every effort to keep yourselves united in the Spirit, binding yourselves together with peace. For there is one body and one Spirit, just as you have been called to one glorious hope for the future. There is one Lord, one faith, one baptism, one God and Father of all, who is over all, in all, and living through all. However, he has given each one of us a special gift through the generosity of Christ.” Ephesians 4.1-7*

## NATURALISTS

- Where the Naturalist worships can have a profound impact on the quality of their worship.
- Scriptures: Psalms 23, 28, 84. Isaiah 41.17-19. Mark 6.31-32
- You may have heard of... Jonathan Edwards, Charles Spurgeon, Susan Bratton
- Suggestions: Read your Bible outside. Pray while taking a walk. Worship at dawn or sunset. Go outdoors to rest.



## SENSATES

- The five senses are God’s most effective inroads to the heart of the Sensate.
- Scriptures: Ezra 1.1-27. Psalm 45.1. Luke 7.36-38.
- You may have heard of... Madeleine L’Engle, Mozart
- Suggestions: Read the Bible by candlelight. Worship with Psalms put to music. Look for Christ in modern art. Vary your posture in prayer. Be creative in your worship and prayer.



## TRADITIONALISTS

- Rituals, symbols, sacraments, liturgy... In short the Traditionalist experiences the flow of the Spirit through the channels of a structured religion.
- Scriptures: Genesis 12.7-8. Matthew 23.27. Colossians 2.
- You may have heard of... Bonhoeffer, Walt Wangerin, Clement of Alexandria
- Suggestions: Read scripture out loud. Utilize a structured book of prayer (Pray the Hours). Create/Develop your own symbol of worship. Make the celebration of significant days important or even extravagant.



## ASCETICS

- Take away the crowd, music, discussion, and preaching. You're left with the greenhouse in which the Ascetic will flourish.
- Scriptures: Isaiah 64.6. Daniel 9.3. Matthew 26.36-39.
- You may have heard of... Daniel, St Francis of Assisi, John the Baptist
- Suggestions: Read scripture alone very late at night or very early in the morning. Have personal, silent prayer times. Attend a silence retreat or silent meal. Simplify an area of life as an act of obedience/worship.



## ACTIVISTS

- The Activist equates worship with openly standing against evil and injustice. They experience the power of Christ while calling for repentance.
- Scriptures: Psalms 7, 68. Proverbs 24.11
- You may have heard of... William Wilberforce, John Wesley, Elijah, Peter, Martin Luther King Jr, James Dobson
- Suggestions: Study scripture with cause-oriented people in your local church. Call a few people together to pray and seek God for a cause to create or support. Coordinate with others in your church to serve a God through serving a cause.



## CAREGIVERS

- Caregivers learn to love God while they care for and extend selfless love to others, especially those that many see as unlovable.
- Scriptures: Esther 4. Luke 10.25-37. Hebrews 6.10
- You may have heard of... Mother Teresa, Henri Nouwen, Mordecai
- Suggestions: Attend a bible study at a rescue mission or treatment center. 'Adopt' someone in your prayer life that is going through treatment, confined to hospital bed, or at an assisted living center. Help someone through a life crisis.



## ENTHUSIASTS

- Mystery, excitement, and the supernatural draw the enthusiast into the very heart of God. Concepts and doctrine can be dry, tasteless, and get in the way of the faith-filled experience of touching Christ's cloak.
- Scriptures: 1 Chronicles 13.5-8, Mark 5.25-29, Ephesian 5.18-19
- You may have heard of... King David, Chuck Swindoll, Ann Kiemel Anderson, James Robertson
- Suggestions: Do a study on the supernatural acts of God in the Old Testament. Stretch yourself to gain understanding of why God acted in a supernatural way. Pray earnestly for God to 'distribute' through you the gifts taught about in 1 Corinthians 12. Journal dreams that God gives you and share them with others to help you get understanding from them. Spend time listening for what God might say to you.



## CONTEMPLATIVES

- The contemplative Christian views God as their loving father. They may often pray to 'daddy' God. They do not struggle seeing themselves as part of the bride of Christ, whether they male or female. Knowing God's will for their life, accomplishing great things for Christ, or performing acts of service to other is generally not their first focus.
- Scriptures: Psalm 63, Song of Songs, Matthew 26.6-13.
- You may have heard of... King David, Thomas Aquinas, Augustine, Mary of Bethany, Dr James Houston
- Suggestions: Meditative study of scripture. Meditative prayer. Quiet times that seek only to sense the presence of God. Practice secret acts of service simply to express your devotion to God.



## INTELLECTUALS

- The intellectual becomes alive in the presence of God while studying, teaching, or discussing anything from essential truths/doctrines to challenging systems of thought/doctrines. An intellectual's adoration for God is unleashed when they gain a new understanding of who God is or what he has done.
- Scriptures: Proverbs 1.5-7, 1 Corinthians 13.2-3, 1 Timothy 1.3-7.
- You may have heard of... Dr J.I. Packer, R.C Sproul, Dorothy Sayers, Elizabeth Elliot, Eugene Peterson
- Suggestions: Study passages of scripture for the purpose of interpretation/application. Pray for opportunities to help others gain understanding of scripture. Read a Systematic Theology book. Learn ancient and modern church history.



## HOMEWORK

- Take the test: <http://northpointministries.org/misc/sacredpathway.html>